



BLACKHEATH & BROMLEY HARRIERS AC

HEALTH & SAFETY POLICY

INTRODUCTION

Blackheath & Bromley Harriers Athletics Club ('the Club') are committed to ensuring that all members take part in activities that are safe and well managed. Our athletes', coaches', officials' and other members' well-being and safety, in addition to enjoyment and participation, is our paramount concern.

We recommend levels of training and competition dependent on age and ability and expect our junior athletes to participate within these boundaries. These levels of participation should be supported by all Club officers working, where appropriate, with parents and carers.

OUR AIM

To support and promote Health and Safety at the Club we are committed to the following duties:

- Undertake regular, recorded risk assessment of all activities undertaken by the Club and require Norman Park Track Management Limited ('NPTM') to conduct equivalent assessments of the premises.
- Create a safe environment by putting health and safety measures in place as identified by these assessments.
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development.
- Ensure that all members are aware of, understand and follow the Club's health and safety policy. (see posted H&S notice at the premises).
- Appoint a competent Club member to assist with health and safety responsibilities. (This activity will additionally be overseen by the Club Executive Committee).
- Require that NPTM put in place normal operating procedures and emergency operating procedures and these are known by all members.
- Require that NPTM provide access to adequate first aid facilities at the premises, and a qualified first aider at all times.
- Report any injuries or accidents sustained during any Club activity or whilst on the premises. (Please refer to incident report form).
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness. (Health and Safety officer working in conjunction with the contacts named below and the Club Executive Committee).

CLUB MEMBERS HAVE A DUTY TO:

- take reasonable care for their own health and safety and that of others who may be affected by their actions. (Please see codes of conduct);
- co-operate with the Club on health and safety issues;
- report any and all incidences that they observe (see incident report form);
- correctly use all equipment provided by the Club;
- not interfere with or misuse anything provided for their health, safety or welfare.

DUTIES OF EMPLOYEES AT NORMAN PARK COMMUNITY SPORTS CENTRE

Please refer to the Health & Safety statement of Norman Park Community Sports Centre.

CONTACTS

CLUB HEALTH AND SAFETY OFFICER:

Karen Desborough, VP, Under 13/Under 15 Girls Team Manager

Email - kdesborough259@btinternet.com

QUALIFIED FIRST AIDERS:

(1) Karen Desborough, VP, Under 13/Under 15 Girls Team Manager

Email - kdesborough259@btinternet.com

(2) All Staff at Norman Park Community Sports Centre. The Centre also has in place a Health & Safety Policy and the associated insurance required.

(3) Nichola Byfield, Former Team Manager, Under 15 Boys, Parent

LOCATION OF FIRST AID FACILITIES

Norman Park Community Sports Centre, Track Office, Hayes Lane, Bromley, BR2 9EG
