



Blackheath & Bromley Courier

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President 2022-23. David Appleton.

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The Summer season is hotting up, and the Courier is trying to keep up. If your results don't appear, do get in touch.

Similarly, if you have set a Club Record, don't just assume it will be picked up.

To keep our matches running smoothly we do need a lot of assistance. If you can help in any way please make contact with John Hubbard, who will be delighted to hear from you.

There are also some important roles that need filling, among which are those of Press Officer and Senior Mens Winter team managers. The Club can't work to full capacity with gaps in the administration, so, if you can help, do come forward.

The new development at Norman Park is progressing towards an Autumn completion. It's all happening!

World Championships, Eugene, Oregon – Two plus one selected

Congratulations to Dina Asher Smith and Adam Gemili who have been selected for the World Championships in Oregon. Dina goes in the 100 and 200 as well as the relay. Adam is in the 200 and 4x100. In addition, second claim member Rose Harvey runs the marathon.

Commonwealth Games, Birmingham, West Mids. – Four Club members selected.... And it's only half a team.

Congratulations to Dina Asher Smith, Adam Gemili, Divine Oladipo and Joe Ellis who have been selected to represent England at the Commonwealth Games in Birmingham. This will be Adam's third Games and Dina's second. Divine and Joe are making their debuts. There is still a long way to go to match Myrtle Augee who competed at five Games in the shot. Perhaps we should have been celebrating even more selections but there is a cap on the number England Athletics can pick. When the Games were in Manchester, in 2002, the England team were 132 strong. In Glasgow, in 2014, it was 123. In Birmingham it is 72. How disappointing for athletes who have achieved a Commonwealth standard but don't get a chance to compete in an event taking place in their own Country. Some live less than an hour away from the stadium. And how disappointing for those buying tickets to find, for example, that there isn't a mens 4x400 team. It shouldn't have been allowed to happen.

Congratulations also to former member Femi Sofolarin who has been selected to represent Scotland in the Rugby 7s. Femi has thrown the javelin for the Club through the age groups up to National League level.

European Under 18 Championships, Jerusalem

Above mentioned Myrtle has been working with Cleo Agyepong in recent times and she has been selected to compete in the European Under 18 Championships in Jerusalem. Also picked is Faith Akinbilije in the 200 and medley relay. Again, congratulations to both who have made huge progress this Summer.

The Johnson Bowl Walk.

In the results section are the results from the 2022 Johnson Bowl. It seems quite likely this is the oldest walking race, that is still being contested, in the World. Unless, of course, you know otherwise.

Below is an item on the History of the race written by Tom Crafter which appeared in the February 1938 edition of the Gazette.

Our Challenge Cups.

JOHNSON BOWL.

THIS Cup owed its being to an inspiration of the late Arthur Cook, who, when Hon. Secretary in the 'nineties, inaugurated a walking race, in ordinary—not racing—attire, from the Imperial Arms, Chislehurst (whence we were then in the habit of holding slow summer runs) to the Green Man, Blackheath.

In 1902 racing attire was adopted and the Bowl which bears his name was presented by H. G. Johnson, an enthusiastic member (and subsequently a Vice-President) who acted as Hon. Secretary of the Club's Northern Division, which for some years held Wednesday evening runs from the Green Man, Muswell Hill, as many of our members then lived in that vicinity.

The trophy has been held by many men who have been famous in the walking world, as will be seen from the list of holders. The best known of these is, of course, T. E. Hammond, who still holds many records, the most notable being that for 24 hours on the track. His wonderful records for London to Brighton and from London to Brighton and back have been beaten in recent years, but there is no doubt that the course is nearly 30 min. faster (for the single journey) than in the "Butler-Hammond" period owing to the surfacing with which the entire route is now covered! Hammond won the trophy on four occasions, while another celebrated champion, S. C. A. Schofield, who still holds the 25 miles record, was five times the winner. Another winner well known in the walking world was E. H. Neville, while H. B. S. Rhodes—three times winner of the Stock Exchange London to Brighton race—was a dual victor and his son H. Rhodes was successful in 1937.

The first winner was Johnson's intimate chum, A. E. Culver, an energetic and enthusiastic member who later became a Vice-President, and among other outstanding performers D. J. Mobbs and N. L. Burt may be mentioned.

JOHNSON BOWL WALK.

| | | | | |
|--------------------------|-----|-----|-----|--------------------|
| 1902 | ... | ... | ... | A. E. Culver |
| 1903 | ... | ... | ... | T. E. Hammond |
| 1904 | ... | ... | ... | T. E. Hammond |
| 1906 (March) | ... | ... | ... | T. E. Hammond |
| 1906 (October) | ... | ... | ... | S. E. Harding |
| 1907 | ... | ... | ... | S. E. Harding |
| 1908 | ... | ... | ... | E. H. Neville |
| 1909 | ... | ... | ... | S. C. A. Schofield |
| 1910 | ... | ... | ... | S. C. A. Schofield |
| 1911 | ... | ... | ... | S. C. A. Schofield |
| 1912 | ... | ... | ... | T. E. Hammond |
| 1913 | ... | ... | ... | S. C. A. Schofield |
| 1914-1919—No Competition | | | | |
| 1920 | ... | ... | ... | H. B. S. Rhodes |
| 1921 | ... | ... | ... | H. B. S. Rhodes |
| 1922 | ... | ... | ... | S. C. A. Schofield |
| 1924 | ... | ... | ... | C. Whittingham |
| 1925 | ... | ... | ... | H. G. Nightingale |
| 1926 | ... | ... | ... | D. J. Mobbs |

Results.

1/6/22

Hercules Wimbledon 1500 Night Of Races. R4. 14. Harry Collins Smith 4.52.31. R8. 3. Rob Donohue 4.11.86. R9. 10. Dan Kennedy 4.10.13.

Loughborough Field Fest. PV. A.mx. 9. Eleanor Barrett 3.41. HT. SW. 8. Abbie Stewart 45.64. JT. U18M. 700g. 3. Felix McArdle Hodge 59.87.

Surrey & Sussex Schools Pentathlon Meeting, Crawley. Intermediate Girls. Pentathlon. 1. Sienna Kidd 2912 (800 – 2.45.0, 80H – 11.9, HJ – 1.45, LJ – 5.53, JT – 20.96), 8. Madeleine Marston 1901 (800 – 2.39.2, 80H – 16.6, HJ – 1.40, LJ – 3.92, JT. 13.34). **Junior Boys.** Pentathlon. 2. Joshua Dako 2243 (800 – 2.31.7, 80H – 12.8, HJ – 1.58, LJ – 5.19, SP – 9.41). **Junior Girls.** 2. Qi-Chi Ukpai 2723 (800 – 3.07.1, 75H – 12.7, HJ – 1.61, LJ – 5.06, SP – 9.53), 10. Isabel Pauling 1861 (800 – 2.27.8, 75H – 14.1, HJ – 1.15, LJ – 3.47, SP – 5.08).

Watford Open Meeting. Mx7. 14. Naimah Mossi (U15G) 5.06.83.

2/6/22

BIGish Jumps & Throws Festival, Bedford. Men. LJ. B. 8. Ben Sutton 6.76. TJ. 5. Toby Dronfield (U20M) 15.07. **Women.** LJ. C. 9. Mary Adeniji 5.60. TJ. A. 1. Jahisha Thomas 13.66. SP. U18. 3kg. 1. Cleo Agyepong 16.46. DT. A. 3. Zara Obamkinwa 50.19. B. 2. Hannah MacAulay 42.89.

3/6/22

BOXX Manchester – World Athletics Continental Tour. Men. 100. 5. Kieran Daly 10.69 (-2.2). 800. DNF Harry Fisher. 1500. Harry Fisher. **Women.** 100H. Ht2 4. Mallory Cluley 13.89 (-1.4). LJ. 4. Jahisha Thomas 6.20.

Meeting National d'Angouleme, Angouleme, FRA. TJ. 6. Zara Asante 11.80.

3-5/6/22

Music City Track Carnival Fest, World Athletics Continental Tour Series, Nashville, TN, USA. HT. 3. Tom Parker 65.46.

4/6/22

National Athletics League, Premier Division, Kingston. Men. 100. A. 7. Kyle Reynolds Warmington 11.02 (-1.1). B. 4. Michael Damoah 10.91 (-0.6). N/S R1. 3. Zac Nwogwugwu 10.96 (1.2). r2. 3. Chizute Ogbedeh 11.06 (0.4). 200. A. 5. Bailey Stickings 21.83 (0.9). B. 4. Dan Putnam 21.73 (1.6). N/S. 2. Chizute Ogbedeh 22.80 (1.1). 400. A. 2. Sam Reardon 46.69. B. 2. Dan Putnam 48.55. N/S. 2. Harry North 50.03. 800. A. 1. Sam Reardon 1.55.42. B. 5. Thomas Sugden 2.03.30. 1500. A. 7. Miles Brown 4.14.90. B. 8. Dan Kennedy 4.23.47. 3000. A. 7. Thomas Sugden 9.35.02. B. 7. Roger Vilardell 9.38.17. 110H. A. 3. Rico Cottell 14.67 (-1.5). B. -. 400H. A. 1. Bailey Stickings 51.24. B. 2. Luke Dronfield 56.18. 3000 s/ch. A. 5. Dan Kennedy 10.51.5. B. 4. Roger Vilardell 11.14.0. HJ. A. 8. Barnaby Corry 1.71. B. NH. Alex Pope. LJ. A. 3. Ben Sutton 6.45. B. 2. Barnaby Corry 6.07. TJ. A. 3. Toby Dronfield 14.00. B. 6. Patrick Apantaku 11.29. PV. A. 2. Barnaby Corry 4.31. B. 2. Ben Platt 3.71. SP. A. 7. Alex Pope 11.30. B. 6. Patrick Apantaku 10.60. DT. A. 5. Dele Aladese 48.18. B. 5. Alex Pope 34.03. JT. A. 7. Ben Platt 40.32. B. 6. Alex Pope 29.89. HT. A. 7. Alex Pope 29.22. B. 4. Roger Platt 17.50. 4x100. 3. B&B. 42.16. 4X400. 2. B&B (Bailey Sickings, Dan Putnam, Harry North, Sam Reardon) 3.12.61. **Women.** 100. A. 4. Faith Akinbileje 11.56 (3.6). B. 3. Darcey Kuypers 11.98 (3.5). N/S R1. 1. Darcey Kuypers 12.04 (4.4), 6. Modupe Shokunbi 12.62. R2. 6. Louisa Vallins 13.40 (1.1). 200. A. Cheriece Hylton 24.32 (0.0). B. 6. Modupe Shokunbi 26.52 (3.8). 400. A. 5. Krystal Galley 58.58. B. 1. Zakia Mossi 58.75. 800. A. 5. Cameron Kelly Gordon 2.17.24. B. 3. Lily Meers 2.23.88. 1500. A. 1. Niamh Bridson Hubbard 4.33.47. B. 3. Hannah Clark 4.52.75. 3000. A. 2. Niamh Bridson Hubbard 9.44.14. B. 4. Lily Meers 12.39.30. 100H. A. 2. Mallory Cluley 13.68 (0.8). B. -. 400H. A. 3. Sophie Elliss 60.60. B. 1. Alex Hill 62.92. 2000 s/ch. A. -. B. -. HJ. A. -. B. -. LJ. A. 6. Molly Savage 4.87. B. 6. Holly Platt 3.97. TJ. A. 8. Holly Platt 8.77. B. -. PV. A. -. B. -. SP. A. 4. Rianna Rennie 11.23. B. 2. Hannah MacAulay 10.61. DT. A. 3. Zara Obamakinwa 47.30. B. 2. Hannah MacAulay 41.88. JT. A. 6. Rianna Rennie 32.72. B. 7. Zara Obamakinwa 13.67. HT. A. 8. Gypsy Nash 45.49. B. -. 4X100. 1. B&B 47.55. 4X400. 2. B&B 3.53.64. Match. 1. TVH 685, 2. Harrow 557, 3. B&B 435, 4. Glasgow Jaguars 422.50, 5. Notts 371, 6. Newham & Essex Beagles 354.50, 7. Birchfield 347, 8. Bristol & West 305.

BMC PB Classic, Milton Keynes. 1500. E. 16. Luciana Smith 5.06.34.

Iffley Festival Of Miles. A. 8. Angus Harrington 4.30.01.

Parkruns. Bromley. 6. David Adams 18.41, 24. Paul Kerekgyarto 20.47, 36. Tuan Tran 21.38, 42. Tim Ayres 21.54, 55. Matthew Maddocks 22.30, 58. Richard Byford 22.33, 67. Austin Adams 22.52, 95. Andy Tucker 24.00, 162. Ian Montgomery 26.32, 171. Jackie Montgomery 26.46. **Town Moor.** 26. Bertie Harrington 19.24. **Beckenham Place park.** 103. Zoe Kingsmill 27.45, 113. Iain Swatton 28.10, 140. Bernard Wilson 29.59, 143. Andrew Kingsmill 30.41. **Canterbury.** 41. George Collins 27.22. **Crystal Palace.** 4. Clayton Aves 18.53, 6. Paul Sharpe 19.00. **Hoblingwell.** 7. Nick Barber 23.59. **Hilly Fields.** 49. John Turner 25.49, 118. Maz Turner 35.50. **Orpington.** 2. Alessio Tutt 18.55, 8. Carys Firth 21.13 (1st woman), 9. Gregory Firth 21.14. **Brockenhurst.** 54. Mick Keene 27.39. **Pomphrey Hill.** 60. James Unwin 25.23. **Lanhydrock.** 4. Richard Daniels 22.14. **Colby.** 4. Steve Hough 18.32. **Great Notley.** 61. Niamh Milmo 27.38. **Penrose.** 21. Robert Perry 21.49, 39. Adrian Perry 23.46. **Exmouth.** 70. Bob Minting 23.06. **Manor Field, Whittlesey.** 10. David Beadle 23.56. **Bethlem Royal Hospital.** 19. Mike Simms 25.54, 35. John Isaacs 29.03, 53. David Appleton 34.00, 60. Anthony Pontifex 35.48. **Sutcliffe.** 20. Ailbhe Barnes 21.09 (1st woman), 27. Steven Pairman 21.47, 33. Barry Wetherilt 22.27, 94. Julia Pairman 27.54

4-6/6/22

International Sparkassen Hammerwurf Meeting, Frankisch-Crumbach, GER. U23. HT. 2. Ben Hawkes 69.56.

5/6/22

Kent Young Athletes League, Tonbridge. Under 15 Boys. 100. A. 1. Ryen Rennie 12.1. B. 1. Alexander Morrell 12.5. N/S. 1. Charlie Platt 12.5. 600. A. 2. Hendri Verster 1.32.9. B. 4. Samuel Barlow 1.52.1. 80H. A. 5. Benjamin O Grady 16.4. B. -. 2000 Walk. A. -. B. -. HJ. A. 4. Benjamin O Grady 1.30. B. 2. Samuel Barlow 1.25. LJ. A. -. B. -. SP. A. 3. Charlie Platt 9.14. B. 2.

George Henderson 7.88. DT. A. 3. George Henderson 21.66. B. 2. Alexander Morrell 19.72. HT. A. 3. Samuel Barlow 10.75. B. -. 4X100. 1. B&B (Hendri Verster, Alexander Morrell, Charlie Platt, Ryen Rennie) 48.4. 3x800. 2. B&B (Benjamin O Grady, Alfie Whitelock, Joseph Hill) 7.15.9. **Teams.** 1. Tonbridge 130.5, 2. Central Park Athletics 118.5, 3. B&B 111.5, 4. Dartford Harriers 96.5, 5. Medway & Maidstone 74, 6. Cambridge Harriers 63, 7. Bexley 40, 8. Thanet 18. **Under 15 Girls.** 100. A. 6. Faith Sogoye 14.2. B. 7. Deianira Gyampa – Boamah 15.2. N/S. 3. Elsie Heath Pampin 16.1. 600. A. 2. Kyla Dervish 1.50.8. B. Lydia Marston 1.51.5. N/S. 1. Jessica Kelly 1.48.0. 75H. A. 5. Beth Regan 13.4. B. -. 2000 Walk. A. -. B. -. HJ. A. 1. Megan Barlow 1.53. B. 2. Abigail Williams 1.20. N/S. 3. Elsie Heath Pampin 1.15. LJ. A. 1. Sybil Wirrom – Jorrie 4.65. B. 7. Caitlin Hough 3.31. N/S. 2. Kaela Shearer – Coverly 3.52. SP. A. 3. Kaela Shearer Caverly 7.13. B. 1. Charlotte Bloodworth 6.36. N/S. 1. Abigail Williams 3.17. JT. A. 1. Erin Simpson 26.16. B. 1. Charlotte Bloodworth 12.71. HT. A. 2. Charlotte Bloodworth 18.02. B. 2. Abigail Williams 11.77. 4x100. 3. B&B (Faith Sogoye, Charlotte Bloodworth, Lottie Palmer, Sybil Wirrom – Jorrie) 54.9. 3x800. 2. B&B (Caitlin Hough, Beth Regan, Isabel Pauling) 7.48.2. **Match.** 1. B&B 130, 2. Cambridge Harriers 119, 3. Tonbridge 102, 4. Bexley 99, 5. Medway & Maidstone 76, 6. Central Park Athletics 75.5, 7. Thanet 67, 8. Dartford 44.5. **Under 13 Boys.** 100. A. 2. Jamie Ellerton 13.5. B. 1. Oscar Sadowski 14.5. N/S. 2. Sebastian North 14.7. 600. A. 6. Jack Barlow 1.59.9. B. 4. Nathan Crossan 1.57.2. N/S. 1. Aaron Crossan 2.03.8. 75H. A. 2. Jamie Ellerton 12.6. B. 1. Luca Vignoli 16.4. 1000 walk. A. 1. Trejan Checkeku – Boamah 6.45.7. B. -. HJ. A. 2. Sebastian North 1.25. B. NH. Liam Hough. LJ. A. 4. Oscar Sadowski 4.05. B. 1. Sebastian North 3.97. N/S. 1. Trejan Checkeku – Boamah 3.66. SP. A. 3. Rory Witcombe 7.19. B. 4. Jack Barlow 4.42. 4x100. 2. B&B (Oscar Sadowski, Sebastian North, Trejan Checkeku – Boamah, Jamie Ellerton) 56.4. 3x800. 1. B&B (Jake Martin, Liam Hough, Harry Collins Smith) 7.58.1. **Teams.** 1. Tonbridge 133, 2. B&B 128.5, 3. Medway & Maidstone 99, 4. Central Park Athletics 95, 5. Dartford Harriers 79.5, 6. Bexley 76.5, 7. Thanet 49.5, 8. Cambridge Harriers 33. **Under 13 Girls.** 75. A. 3. Sophie Tran 11.1. B. 5. Alessia Scala 11.5. N/S. 4. Abigail Ikuesan 11.8. 600. A. 6. Hissa Al Faisal 1.56.8. B. 2. Rowan Pearson 1.58.4. N/S. 1. Mariana Caceres 1.56.3. 70H. A. 1. Heidi Coulson 12.9. B. 1. Rowan Pearson 15.0. 1000 Walk. A. 1. Francesca Newman 6.48.9. B. -. HJ. A. 1. Maya Al Faisal 1.35. B. 1. Heidi Coulson 1.30. N/S. 1/ Alessia Scala 1.20. LJ. A. 4. Maya Al Faisal 3.55. B. 3. Hissa Al Faisal 3.27. N/S. 2. Abigail Ikuesan 3.17.SP. A. 2. Rowan Pearson 5.56. B. 1. Freya Pearson 4.93. JT. A. 6. Freya Pearson 10.39. B. 6. Alessia Scala 5.42. HT. A. 3. Freya Pearson 14.58. B. -. 4x100. 1. B&B (Heidi Coulson, Kara Bryan, Alessia Scala, Isabella Campbell – Andou) 57.5. 3x800. 3. B&B (Abbie Lee, Chloe Morez, Elizabeth McGillivray) 8.59.0. **Match.** 1. B&B 140.5, 2. Dartford 128, 3. Tonbridge 118, 4. Central Park Athletics 89.5, 5. Cambridge Harriers 76, 6. Medway & Maidstone 65, 7. Bexley 64.5, 8. Thanet 41. **Overall Match Score.** 1. B&B 535.5, 2. Tonbridge 503.5, 3. Central Park Athletics 393.5, 4. Dartford 373.5, 5. Medway & Maidstone 339, 6. Cambridge Harriers 311, 7. Bexley 305, 8. Thanet 200.5.

Surrey & Sussex & Vets AC Masters Championships, Kingston. M35. 100. 3. Ashley Reid 12.39 (-1.0). 200. 5. Ashley Reid 25.17 (0.0). **M50.** 100H. 1. Richard Holt 16.30 (-1.2). 400H. 1. Richard Holt 64.54. **M60.** PV. 3. Alan Hardy 2.10. **W65.** 100. 1. Helen Godsell 14.89 (-0.1). 200. 1. Helen Godsell 30.98 (-1.3). **M70.** 800. 3. Peter Hamilton 3.19.61. 1500. 1. Pete Hamilton 6.34.28. **M75.** 3000 Walk. 2. Peter Hannell 23.07.87.

Midland Counties Track and Field League, Div Three, Wolverhampton. 110H. A. 1. Alex Nwenwu 16.2 (1.5).

Orpington High Elms 10km. 6. Roger Vilardell 39.08 (39.05), 10. Fintan Parkinson 39.33 (39.32), 14. David Adams 40.06 (40.03), 20. Roger Beswick 42.03 (41.59), 23. Ian Scott 42.46 (42.36), 81. Robert Whyte 48.38 (48.26), 114. Luigi Arcuri 52.21 (52.10), 123. Amelie Willars 53.02 (52.44), 127. Austin Adams 53.75 (53.02), 163. Islay Pearson 56.43 (56.17).

Adidas 10km, Paris. 171. Georges Vacharopoulos 36.31 (36.29).

Medway Park 10km, Gillingham. 36. Rod Harrington 43.41 (43.39).

7/6/22

Loughborough EAP Meeting. JT. 2. Bekah Walton 54.46, 6. Hollie Arnold 39.44.

Tonbridge AC Open. 100. R7. 3. Ian Firla (M50) 13.66 (-0.3). 200. R3. 1. Anana Jenner – Heard (U13G) 30.30. R5. 4. Ian Firla 27.46. 1500. R4. 4. Steve Hough (M45) 4.59.97. R6. 5. Darren Corneille (M40) 4.32.47.

Trafford Grand Prix, Stretford. 100. 4. Rico Cottell 11.29 (-0.2).

Sri Chimnoy 5km, Battersea Park. 36. Caroline Ford* 16.30.

8/6/22

Lee Valley Sprints Night, Double 100 Sprints Night. 100. R1. R1. 8. Jak Mensah 11.10 (-1.6). 2. 2. 6. Jak Mensah 11.22 (-1.1).

University Of Birmingham Track & Field Series. 100. R3. 3. Zoe Austridge 12.70 (-2.1). 5000. R1. 4. Joshua Dowling 18.11.94. TJ. 3. Jahisha Thomas 12.95.

NCAA Div 1 Championships, Eugene, OR. 800. 8. Katy Ann McDonald 2.03.57. HT2. 2. Katy Ann McDonald 2.02.51. SP. A. 6. Divine Oladipo 17.74. DT. B. 5. Divine Oladipo 53.74.

9/6/22

Golden Gala Pietro Mennea Wanda Diamond League. 200. 3. Dina Asher Smith 22.27 (1.3).

10/6/22

Newham Summer Series, Stratford. Men. 100. R1. R1. 4. Kieran Daly 10.43 (2.2). R3. 1. Jeriel Quainoo 10.28 (1.8), 7. Korede Awe* 10.51. R8. 2. Abdul Rahaman Jolaoso 10.83 (1.1). R19. 6. Veresse Charles (U17M) 12.70 (2.2). R2. R1. 3. Jeriel Quainoo 10.20 (2.9). R2. 3. Kieran Daly 10.49 (2.6). R3. 5. Korede Awe 10.56 (1.7). R6. 2. Abdul Rahaman Jolaoso 10.89 (0.5). R15. 3. Veresse Charles 12.63 (2.4). 200. R3. 3. Luke Dorrell* 21.10 (1.8). R4. 1. Jeriel Quainoo 20.65 (1.9). 800. R1. 5. Pierre Guillaume 2.06.44. R2. 2. Harry Fage (U17M) 2.12.87. **Women.** 100. R1. R2. 4. Darcey Kuypers 12.10 (1.1). R2. R2. 5. Darcey Kuypers 12.02 (3.7).

10-12/6/22

BMAF Track & Field Championships, Derby. M35. 100. 2. Duayne Bovell 11.31 (1.5). 200. 2. Duayne Bovell 23.00 (-3.1). 3000 s/ch. 1. Blair Wilson 10.50.54. W40. 2. Louisa Vallins 13.61 (-3.1). 200. 2. Louisa Vallins 27.56 (-2.1). W45. 1. Liz Hughes 2.82. SP. 2. Liz Hughes 9.03. M60. PV. 5. Alan Hardy 2.22. W65. 100. 1. Helen Godsell 14.76 (0.6). 200. 1. Helen Godsell 31.16 (-0.8).

11/6/22

BMC Grand Prix, Watford. Men. B. 3. Sam Reardon (U20M) 1.48.03. C. 7. Henry Fisher 1.49.39, 9. Harry Cox* 1.58.03.

Women. D. 6. Morgan Squibb 2.11.12. 1500. A. 9. Niamh Bridson Hubbard 4.19.81, 13. Jennifer Walsh* 4.23.84.

Gouden Spike, Leiden, NED. JT. 3. Bekah Walton 56.54.

Kent Schools Championships, Gillingham. Senior Boys. 2000 s/ch. 4. Ted Marston 7.04.23. **Intermediate Boys.** 100. 6. Jonah Quartey Papafio 11.76 (0.7). Ht1. 2. Jonah Quartey Papafio 11.73 (2.1). 200. Ht1. 4. Zuriel Nwogwugwu 24.04 (0.2). 400. 4. Christopher Barrett 53.28, 8. Marley Byfield 55.64. Ht1. 5. Marley Byfield 53.95. Ht2. 3. Christopher Barrett 54.12. 1500. 2. Arthur Starvis 4.17.54. 100H. 1. Rayhan Mourtada 13.94 (0.2), 4. Andrew Nikoro 14.57. 5000 walk. 1. Jonathan Ellerton 31.04.05. HJ. 1. Andrew Nikoro 1.80. LJ. 5. Zuriel Nwogwugwu 5.67. PV. 1. Oscar Witcombe 3.80, 3. Finn Kitteridge 3.30. JT. 1. Felix McArdle Hodge 58.41, 3. Max Kennedy 48.52. **Intermediate Girls.** 3. Nina Whitter 12.67 (0.8). Ht1. 4. Lily Anderson 13.45 (-0.1). Ht3. 1. Nina Whitter 12.69 (1.9). 300. 5. Tallulah Ndikanwu 44.60. 800. 3. Tallulah Ndikanwu 2.26.06, 7. Lola Bishoff 2.35.90. 1500. 1. Liberty Whyte 4.54.21, 3. Olivia Magee Brown 5.12.63, 4. Molly May Mooney – Clark 5.20.17. 80H. 1. Daisy Snell 11.92 (1.2). 1500 s/ch. 1. Amber Cockburn 5.31.00, 2. Carys Firth 5.32.57. LJ. 1. Daisy Snell 5.60. HT. 2. Sapphire Houston Ball 42.90. **Junior Boys.** 100. 3. Reo McCausland 11.45 (1.3). Ht2. 1. Reo McCausland 11.53 (-0.4). 200. 3. Harrison Vallins 24.38 (-0.1), 4. Alexander Morrell 24.48. Ht2. 1. Harrison Vallins 24.84 (0.7). Ht3. 2. Alexander Morrell 24.56. 800. 2. Hendri Verster 2.07.82. Ht1. 2. Hendri Verster 2.21.11. Ht2. 6. Alfie Whitelock 2.23.31, 10. Oliver Ward 2.42.09. 1500. 1. Lucas Elmqvist 4.22.88, 3. Joseph Scanes 4.28.19, 4. Joseph Hill 4.35.22. Ht1. 3. Lucas Elmqvist 4.45.36. Ht2. 1. Joseph Hill 5.00.36, 3. Joseph Scanes 5.01.05. 80H. 3. Joshua Dako 12.44 (2.0). PV. 1. Charlie Platt 3.90. SP. 10. Lorne Burnett 9.65. JT. 1. Ellis Ibrahim 48.93. **Junior Girls.** 100. 3. Chizam Boniface 12.71 (1.0), 5. Sybil Wirron – Jorrie 12.86. Ht1. 1. Sybil Wirron – Jorrie 12.78 (0.0). Ht2. 4. Faith Sogoye 13.54 (-0.3). Ht3. 3. Chizam Boniface 12.98 (-1.3). 300. 1. Alyssa Firla 41.55, 3. Matilda Shilland 45.38. 800. 1. Megan Barlow 2.14.64, 3. Eva Chambers 2.31.81, 5. Lily Bridgeman 2.34.96, 6. Beth Regan 2.35.13, 7. Kyla Dervish 2.44.09. Ht1. 1. Megan Barlow 2.29.93, 4. Kyla Dervish 2.33.67, 5. Lily Bridgeman 2.35.26. Ht2. 1. Eva Chambers 2.33.06, 3. Beth Regan 2.36.27. 1500. 1. Luciana Smith 4.50.07, 9. Niamh Stanley 5.17.20, 10. Charlotte Bloodworth 5.20.92. DNS. Lydia Witcombe. Ht1. 3. Lydia Witcombe 5.08.91. Ht2. 2. Luciana Smith 5.11.98, 5. Charlotte Bloodworth 5.14.54, 7. Niamh Stanley 5.17.17. 75H. 4. Beth Regan 13.18 (0.5), 6. Charlotte Bloodworth 14.31. Ht1. 3. Charlotte Bloodworth 14.08 (1.8). Ht2. 3. Beth Regan 13.26 (1.5). HJ. 1. Qi-Chi Ukpai 1.66. PV. 1. Lydia Witcombe 2.20. DT. 1. Erin Simpson 29.75. JT. 4. Erin Simpson 46.83. **Year 7 Boys.** 800. R2. 4. James Shaw 2.27.3. **Year 7 Girls.** 800. 1. Sophie Fleming 2.35.59, 2. Sophie Tran 2.34.52.

Essex County Schools Championships, Chelmsford. Intermediate Girls. 80H. 1. Jodie Self 11.50 (-1.6).

London Schools Championships, Battersea Park. Intermediate Boys. 200. Ht2. 2. Issah Abdulkarim 23.17 (0.6).

Meeting National Envol Trophee de Pierre – Benite, Pierre – Benite, FRA. TJ. 10. Zara Asante 11.81.

Surrey Schools Championships, Kingston. Senior Girls. 400. 3. Amelia Middleton 68.5. **Intermediate Boys.** 400. 3. Samuel Mowa 50.65. Ht1. 1. Samuel Mowa 50.50. 1500. 5. Alexander Middleton 4.27.3. **Intermediate Girls.** 100. 3. Indiana Marshall 12.81 (-3.0). Ht1. 1. Indiana Marshall 12.84 (-2.7). 300. 6. Julia Newman* 43.41. Ht2. 2. Julia Newman* 43.43. 1500. Ht1. 4. Isobel Pauling 4.58.3. LJ. 1. Sienna Kidd 5.41. TJ. 9. Emily Hayden de Carbonnieres 9.11. **Junior Boys.** 300. 3. Ryen Rennie 37.65. Ht1. 2. Ryen Rennie 38.2.

Moulton 5 (walk). 18. David Hoben* 61.30.

Allendale MI, USA. HT. 1. Joseph Ellis 70.90.

Parkruns. Bexley. 2. Darren Corneille 19.20, 71. Chris Pike 26.00, 98. George Collins 27.08. **Eastbourne.** 1. David Adams 17.18. **St Albans.** 134. John Wilkinson 27.02. **Beckenham Place park.** 12. Millie Smith 20.23 (1st woman), 24. Rod Harrington 21.20, 25. Tuan Tran 21.31, 61. Adrian Stocks 23.47, 67. Luigi Arcuri 24.09, 223. John Isaacs 29.53, 224. Bernard Wilson 29.57. **Riddlesdown.** 57. Ian Montgomery 26.25, 72. Jackie Montgomery 28.09. **Long Eaton.** 2. Ben Gardiner 16.10. **Hoblingwell.** 8. Adrian Perry 23.05, 13. Austin Adams 24.43, 43. Roger Vilardell 29.32. **Dulwich.** 10. Roger Beswick 17.50, 12. Clayton Aves 17.56, 20. Paul Sharpe 18.33. **Orpington.** 54. Dave Leal 26.24, 136. Karen Desborough 34.00. **Lanhydrock.** 7. Richard Daniels 21.49. **Reigate Priory.** 163. Zoe Kingsmell 28.10, 203. Andrew Kingsmell 30.59. **Lullingstone.** 2. Steve Hough 19.16. **Exmouth.** 46. Bob Minting 22.31. **Victoria Dock.** 7. Steve Evenden 19.31. **Foots Cray Meadows.** 23. John Turner 25.32, 70. Maz Turner 35.17. **Bethlem Royal Hospital.** 13. Damian Hayes 22.30, 33. Mike Simms 25.20, 47. James Unwin 26.48. **Squerryes Winery.** 35. David Beadle 24.36, 87. Iain Swatton 30.30. **Jesmond Dene.** 50. Bertie Harrington 25.34. **Sutcliffe park.** 23. Barry Wetherilt 21.44. Mote Park. 103. Mick Keene 28.12.

11-12/6/22

Welsh Senior and Under 15 Championships, Cardiff. Men. 2. Ben Hawkes 65.75. **Women.** 6. Sophie Dowson 3.80.

12/6/22

New York Grand Prix – World Athletics Continental Tour Gold. SP. 4. Divine Oladipo 17.27.

Southern Athletics League Division One, Gillingham. 1. Thames Valley Harriers 224, 2. B&B 202, 3. Medway & Maidstone 194, 4. Peterborough & Nene Valley 74. **Men.** 100. A. 3. Michael Uzozie 11.37 (-0.6). B. 2. Matthew Knight 11.41 (-0.6). N/S. Barnaby Corry 11.72 (-1.4), Nkwazi Ndila 11.88 (-1.4), Warren Lewis 11.80 (-1.1), Joseph Cope 12.91 (-1.1). 200. A. 1. Dan Putnam 21.41 (-0.2). B. 2. Michael Uzozie 22.31 (-0.2). N/S. Matthew Knight 23.22 (-1.4), Samuel Mowa 22.67 (-1.4), Nkwazi Ndila 23.89 (-1.4), Warren Lewis 24.16 (-1.4), James Naylor 23.45 (1.5), Bailey Marks Belaon 23.51 (1.5). 400. A. 1. Dan Putnam 47.5. B. 1. James Lawson 51.2. N/S. Samuel Mowa 51.76, Bailey Marks Belaon 52.95, James Naylor 53.53, Drew Burridge 54.78. 800. A. 2. Thomas Sugden 2.00.00. B. 3. Mark Constable 2.08.32. 1500. A. 4. Darren Corneille 4.34.53. B. 4. Alex Pope 5.42.76. 3000. A. 3. Dan Kennedy 9.12.05. B. 3. Tom Desborough 9.32.59. N/S. David Adams 9.43.83. 110H. A. -. B. -. 400H. A. 1. Luke Dronfield 54.91. B. -. 3000 S/CH. A. -. B. -. HJ. A. 2. Barnaby Corry 1.69. B. 1. James Nightingale 1.63. LJ. A. 2. Barnaby Corry 6.14. B. 3. James Nightingale 4.88. TJ. A. -. B. -. PV. A. 1. Barnaby Corry 4.51. B. 1. Ben Platt 4.10. N/S. Roger Platt 3.15. SP. A. 3. Coleman Corry 7.89. B. 2. Roger Platt 7.66. DT. A. 1. Dele Aladese 49.36. B. 1. Alex Pope 31.40. JT. A. 3. Ben Platt 41.64. B. 2. Joshua Buddle Smith 36.16. HT. A. 4. Roger Platt 19.57. B. 2. Coleman Corry 17.74. 4x100. 2. B&B 43.47. Mixed 4X400. A. 1. B&B 3.32.86. B. 1. B&B 3.49.01. N/S. 1. B&B 4.00.46. **Women.** 100. A. 3. Kelsey Calladine Smith 13.43 (-0.9). B. 2. Tianna Lewis 13.47. N/S. Anaiya Sutar 14.56 (-1.0). 200. A. 3. Tianna Lewis 27.83 (1.5). B. -. N/S. Anaiya Sutar 31.08 (-0.9). 400. A. 1. Rachel Dickens 55.13. B. 1. Cameron Kelly Gordon 57.97. N/S. Lily Meers 62.48, Francesca Middleton 65.41. 800. A. 1. Gabriella Martin 2.23.0. B. 1. Kelsi Cornish 2.23.9. N/S. Amie Gould 2.30.3, Amelia Middleton 2.54.2. 1500. A. 1. Hannah Clark 4.50.16. B. 1. Olivia Magee Brown 5.00.20. 5000. A. 3. Aurelia Osborne 21.00.67. B. Katy Sugden 21.27.62. 100H. A. 1. Holly Platt 18.13. B. -. 400H. A. -. B. -. 1500 s/ch. A. 1 Morgan Squibb 5.09.93. B. 3. Hannah Clark 5.49.83. HJ. A. 3. Islay Pearson 1.33. B. -. LJ. A. 1. Claudia Baker 5.37. B. 1. Molly Savage 5.12. TJ. A. 1. Molly Savage 10.71. B. 1. Holly Platt 7.79. PV. A. 1. Eleanor Barrett 3.30. B. 1. Holly Platt 2.00. SP. A. -. B. -. DT. A. 3. Gypsy Nash 29.69. B. 3. Lily Meers 13.73. JT. A. 1. Lauren Farley 50.92. B. 2. Islay Pearson 15.78. HT. A. 2. Gypsy Nash 44.40. B. 2. Sapphire Houston – Ball 36.07. 4x100. 3. B&B 52.05. **Man Of The Match** – Dan Putnam 400.

Southern Athletics League, Division Two, West, Carshalton. 200. B. 3. Richard Morris 24.82 (2.5). 400. A. 3. Richard Morris 54.59. 110H. A. 2. Richard Morris 17.13 (1.5). 400H. A. 2. Richard Morris 57.07. SP. A. 4. Richard Morris 6.33. DT. B. 4. Richard Morris 11.60. JT. B. 3. Richard Morris 25.72.

JCP Swansea Half Marathon. 2. Phil Sesemann 64.07.

13/6/22

Invicta East Kent Open, Canterbury. 3000. 3. Blair Wilson 10.12.49.

ISA National Athletics Final, Manchester. 75H. 1. Jamie Ellerton 12.72.

14/6/22

BMC Gold Standard Races, Stretford. 800. 1. Alex Botterill 1.47.30.

Vancouver Sun Harry Jerome International Track Classic – World Athletics Continental Tour Bronze, Burnaby, CAN. SP. 1. Divine Oladipo 17.10.

Sri Chimnoy 5km. 32. Fintan Parkinson 16.47.

15/6/22

Charnwood Open, Loughborough. HT 4kg. 4. Abbie Stewart 45.94.

Watford Open. 800. R6. 11. Gabriella Martin 2.21.70. R7. 13. Kelsi Cornish 2.24.39.

17/6/22

Kent Masters League, Erith. M35. 200. A. 1. Duayne Bovell 23.8. B. 3. Matthew Ellerton 28.0. 800. A. 5. Darren Corneille 2.13.6. B. 5. Steve Hough 2.27.2. 2000 Walk. 2. Matthew Ellerton 13.25.2. LJ. 6. Matthew Ellerton 3.66. SP. 6. Steve Hough 6.22. **M50.** 200. 5. Clem Leon 30.2. 800. 2. Luca Ercolani 2.21.7. 2000 walk. -. LJ. 4. Roger Platt 4.35. SP. 6. Clem Leon 7.37. **M60.** 800. 6. John Turner 3.22.1. LJ. 2. Clem Leon 4.01. **Match.** 1. Dartford 63, 2. Tonbridge 52, 3. Medway & Maidstone 46, 4. Cambridge Harriers 42, 5. B&B 38, 6. Bexley 32. **After two matches.** 1. Dartford 11 (114), 2. Tonbridge 11 (104), 3. B&B 6 (88), 4. Cambridge Harriers 6 (88), 5. Medway & Maidstone 5 (78), 6. Bexley 3 (68). **W35.** 200. A. 1. Louisa Vallins 27.6. B. 4. Aurelia Osbourne 33.2. 800. A. 4. Ashley Pearson 2.42.8. B. 4. Sarah Belaon 2.59.2. 2000 walk. -. LJ. 4. Sarah Belaon 2.18. HT. 5. Ashley Pearson 16.48. **W50.** 200. 2. Helen Godsell 31.3. 800. 4. Jackie Montgomery 3.26.1. 2000 walk. 4. Anne Cilia 14.32.0. LJ. 3. Jackie Montgomery 3.35. HT. -. **W60.** 800. 1. Helen Godsell 3.31.9. HT. 5. Anne Cilia 7.23. **Match.** 1. Tonbridge 67, 2=. Bexley 50, 2= Dartford 50, 4. Cambridge Harriers 46, 5. B&B 43, 6. Bromley Vets 16. **Overall after two matches.** 1. Tonbridge 12 (118), 2. Dartford 9.5 (94), 3. Bexley 7.5 (86.5), 4. Cambridge Harriers 7 (86), 5. B&B 4 (74), 6. Bromley Vets 2 (32.5).

18/6/22

ESAA South East Schools Inter Counties, Kingston. Intermediate Boys. 1500. 8. Arthur Starvis 4.12.20. 100H. 1. Rayhan Mourtada 13.75 (-1.9). HJ. 5. Andrew Nikoro 1.73. PV. 1. Oscar Witcombe 4.00. JT. 1. Felix McArdle Hodge 58.95.

Intermediate Girls. 100. R2. 1. Indiana Marshall 12.63 (-1.5). 1500. 6. Liberty Whyte 4.59.1. 80H. R1. 2. Daisy Snell 12.04 (-0.6). R2. 1. Sienna Kidd 12.21 (-3.5). 1500 s/ch. 2. Amber Cockburn 5.31.3, 3. Carys Firth 5.38.0. LJ. 1. Sienna Kidd 5.52, 3. Daisy Snell 5.43. JT. 8. Sienna Kidd 28.09. **Junior Boys.** 100. R2. 1. Reo McCausland 11.82 (-1.0). 200. R2. 3. Harrison Vallins 25.49 (1.1). 1500. 5. Lucas Elmqvist 4.22.66. PV. 2. Charlie Platt 3.40. JT. Ellis Ibrahim 50.53. **Junior Girls.** 300. 2. Alyssa Firla 42.25. 1500. 8. Luciana Smith 4.57.75. PV. 3. Lydia Witcombe 2.30. DT. 1. Erin Simpson 31.67.

Middlesex Schools, Cophall. Junior Girls. 1500. 2. Naimah Mossi 5.06.06.

Parkruns. Dudley. 1. Joe Rogers* 17.28. **Bromley.** 2. Robert Perry 17.01, 11. Steve Evenden 19.09, 19. Thomas Sugden 20.01, 23. Paul Kerekgyarto 20.19, 87. Tuan Tran 22.58, 174. James Unwin 25.35, 201. Ian Montgomery 26.30, 233. Jackie Montgomery 27.48, 273. Mick Keene 29.23. **Beckenham Place park.** 5. Clayton Aves 18.59, 6. Paul Sharpe 19.06, 18. Rod Harrington 21.10, 27. David Beadle 22.18, 56. Luigi Arcuri 24.34, 71. Iain Swatton 25.22, 155. Bernard Wilson 30.23, 201. Anthony Pontifex 35.08. **Ashford.** 99. John Isaacs 28.21, 147. David Appleton 32.42. **Hoblingwell.** 11. Steven Pairman 23.00. **Orpington.** 1. Graeme Lugar 18.11, 28. Kyla Dervish 23.51 (1st woman), 102. Karen Desborough 34.42. **Wimpole Estate.** 149. Andrew Kingsmell 30.43, 163. Zoe Kingsmell 31.43, 187. George Collins 33.39. **Pegwell Bay.** 16. Paul Ross-Davies 20.39. **Lanhydrock.** 15. Richard Daniels 23.38. **Lullingstone.** 2. Steve Hough 19.13, 3. Darren Corneille 21.29. **Hove Promenade.** 67. Katy Sugden 21.30. **Exmouth.** 52. Bob Minting 22.45. **Marlborough Common.** 4. Cristina Gilodi-Johnson 20.56. **Bethlem Royal Hospital.** 2. David Adams 18.44, 5. Roger Vilardell 20.59, 14. Mike Simms 23.43. **Sutcliffe park.** 64. Barry Wetherilt 24.10.

18-19/6/22

South Of England Senior & Under 20 Championships plus Under 17 and Under 15 3000 metres, Chelmsford. Senior Men. 100. 5. Abdul Rahaman Jolaoso 10.63 (2.5). SF1. 2. Abdul Rahaman Jolaoso 10.53 (1.4). Ht2. 1. Abdul Rahaman Jolaoso 10.58 (2.4). Ht3. 5. Chizute Ogbedeh 11.25 (0.5). 400. DNS. Sam Reardon. Ht1. 4. Harry North 50.34. Ht2. 1. Sam Reardon 47.69, 5. Alex O'Callaghan Brown 49.89. 1500. 12. Lewis Harknett* 4.07.35. 110H. 6. Rico Cottell 15.11 (1.6). 400H. DNS. Bailey Stickings. Ht1. 2. Bailey Stickings 51.38. LJ. 3. Ben Sutton 6.77. **Senior Women.** 100. Ht1. 7. Chanelle Cole 12.51 (2.6). Ht2. 4. Modupe Shokunbi 12.44 (1.9). 200. 6. Chanelle Cole 25.72 (1.8). Ht2. 4. Chanelle Cole 25.63 (4.0). 400. 1. Rachel Dickens 54.74. Ht1. 2. Rachel Dickens 55.41, 8. Kelsi Cornish 61.69. 100H. 2. Mallory Cluley 13.74 (2.2). 400H. 1. Sophie Elliss 59.69, 2. Alex Hill 60.81. Ht2. 2. Alex Hill 59.96, 3. Sophie Elliss 60.16. LJ. 3. Mary Adeniji 5.68. PV. 2. Sophie Dowson 3.80. **Under 20 Men.** 400. 1. Pablo Seema Roca 48.92, 8. Michael Uzozie 50.83. Ht2. 2. Pablo Seema Roca 49.90, 3. Michael Uzozie 50.80. 800. 6. Matthew Smith 2.00.37. TJ. 1. Toby Dronfield 14.62. PV. 3. Barnaby Corry 4.20, 4. Ben Platt 3.95. SP. 2. Dillon Claydon 15.95. DT. 1. Dillon Claydon 47.74. **Under 20 Women.** 400. 3. Cameron Kelly Gordon 58.65. Ht1. 5. Lily Meers 1.02.99. Ht2. 2. Cameron Kelly Gordon 58.54. 800. 6. Lily Meers 2.31.55. 1500. 3. Kate Price 4.53.84. 3000 s/ch. 1. Morgan Squibb 11.08.87. SP. 2. Cleo Agyepong 11.25. HT. 2. Gypsy Nash 45.60. **Under 17 Women.** 3000. 7. Liberty Whyte 10.36.83. **England Athletics Under 17 and Under 15 Combined Events Championships and Under 18 events, Bedford. Under 18 Men.** 400. 3. Samuel Mowa 50.80. **Under 18 Women.** 200. 1. Faith Akinbiliji 23.94 (-0.3).

19/6/22

Eltham Park 5. 64. Barry Wetherilt 38.49 (38.40), 74. Mike Simms 39.41 (39.31), 124. Chris Pike 43.43 (43.13).

22/6/22

BMC Regional Races, Sutcliffe Park. 800. B. 5. Matthew Smith (U20M) 1.57.02. D. 7. Joseph Scanes (U15B) 2.07.21. E. 3. Alexander Middleton 2.10.02. F. 2. Megan Barlow (U15G) 2.14.03, 3. Cameron Kelly Gordon (U20W) 2.14.54, 9. Hannah Clark (U20W) 2.19.28. G. 2. Gabriella Martin (U17W) 2.18.66, 3. Luciana Smith (U15G) 2.18.91. 1500. B. 7. Rob Donohue 4.07.74, 8. Dan Kennedy 4.08.01. C. 14. Morgan Squibb (U20W) 4.43.16. 5000. 7. Roger Vilardell (M40) 16.38.51.

BMC Regional Races, Wormwood Scrubs. 800. F. 1. Naomi Toft (U20W) 2.18.83, 3. Lara Mannes 2.22.28, 5. Lara Tunali – Flynn 2.24.46.

Lee Valley Sprints Night, 100/200. 100. Senior Men R1. 6. Abdul Rahaman Jolaoso 10.74 (-0.2).

Loughborough Open. HT 4kg. 3. Abbie Stewart (U23W) 47.38.

Sutcliffe Park Track And Field Night. 100. R1. 2. Aaron Mensah (U17M) 12.12 (-1.0), Makai Sabido Rodney (U15) 12.24, 4. Raheem Finley (U15B) 12.59. R2. 4. Piers Spencer Simms (U13B) 13.25 (-2.3). R3. 2. Jonathan Ekpo (U13B) 14.26 (-1.5). 400. R1. 2. James Naylor (U23M) 52.71, 5. Marley Byfield (U17M) 54.74. R3. 3. Tane Chambers (U15B) 61.81, 5. Leah Kyriacou (U15G) 63.39. R4. 1. Olivia Magee Brown (U17M) 64.38, 2. Daniel Horgan (U13B) 65.20, 4. Francesca Middleton (U17W) 67.98. 800. R1. 1. George Shaw (U20M) 2.05.51, 3. Joseph Hill (U15B) 2.15.76. R2. 3. Connor Wray (U15B) 2.22.42, 4. Kara Bryan (U13G) 2.25.27, 9. Emily Deveney (U17W) 2.33.17. R3. 2. Beth Regan (U15B) 2.32.54, 3. Lydia Marston (U15G) 2.32.65, 4. Kyla Dervish (U15G). R4. 1. Samuel Barlow (U15G) 2.39.18, 2. Caitlin Hough (U15G) 2.45.82, 3. Liam Hough (U13B) 2.46.44, 5. Issac Evans (U15B) 2.50.69, 6. Jack Barlow (U13B) 2.51.92, 8. Chloe Morez (U13G) 2.59.38, 9. Daisy Thorn (U13G) 3.10.44. 1500. R1. 1. Ted Marston (U20M) 4.25.96, 11. Roger Beswick (M60) 4.58.05. R2. 2. Daniel Horgan (U13B) 4.59.77, 3. James Shaw (U13B) 5.00.85, 4. Isabel Pauling (U15G) 5.01.89, 6. Sophie Fleming (U13G) 5.08.60, 7. Molly May Mooney Clarke (U17W) 5.16.69, 9. Abigail Smith (U20W) 5.53.44, DNF. Eva Chambers. DT. (1.75KG). 1. Dillon Claydon 42.45, 2. Brydon Duncan 41.50.

Bromley Midsummer Evening 10km. 4. David Adams 35.59 (35.58), 5. Martin Richardson 36.10 (36.09), 14. Gregory Firth 38.26 (38.25), 19. Joshua Dowling 39.42, 39. Steve Evenden 41.54 (41.52), 97. Robert Whyte 47.21 (47.12), 102. Matthew Maddocks 47.48 (47.38), 104. Barry Wetherilt 48.05 (47.54), 133. Luigi Arcuri 49.53 (49.45), 142. Lee Gordon 50.26 (50.02), 365. John Leeson 70.43 (70.13).

24-26/6/22

Muller UK Athletics Championships, Sportscity. Men. 100. SF3. 7. Kieran Daly 10.25 (5.6). Ht2. 6. Kyle Reynolds Warmington 10.65 (3.0). Ht4. 2. Kieran Daly 10.35 (2.5), 3. Korede Awe* 10.46. Ht7. 7. Michael Damoah 10.61 (2.1). 200. 3. Jeriel Quainoo 20.40 (2.0), 5. Adam Gemili 20.48. Ht1. 1. Adam Gemili 20.44 (4.5). Ht2. 2. Jeriel Quainoo 20.44 (4.1). Ht3. 4. Luke Dorrell* 20.98 (5.9). 400. 6. Dan Putnam 47.04. Ht1. 2. Dan Putnam 46.75. Ht2. 4. Sam Reardon 47.69. Ht3. 4. Ethan Brown 48.21. 800. 6. Sam Reardon 1.49.98, 7. Alex Botterill* 1.51.41. Ht1. 3. Alex Botterill* 1.49.55. Ht2. 6. Henry Fisher 1.52.26. Ht3. 3. Sam Reardon 1.49.72. 110H. Ht2. 7. Rico Cottell 14.63 (2.1). 400H. 6. Bailey Stickings 50.61. Ht3. 2. Bailey Stickings 50.32 (**CLUB SENIOR RECORD**). HJ. 3. Kelechi Aguocha 2.18. JT. 1. James Whiteaker 74.06. HT. 7. Ben Hawkes 65.27. **Women.** 100. 2. Dina Asher Smith 10.87 (3.8). SF2. 1. Dina Asher Smith 10.96 (3.8). Ht5. 1. Dina Asher Smith 11.16 (2.4). 400. Ht2. 7. Holly Mpassy 56.19. 1500. 7. Niamh Bridson Hubbard 4.23.50. Ht3. 4. Niamh Bridson Hubbard 4.20.18. 5000. 14. Jennifer Walsh* 16.08.34. 100H. 6. Mallory Cluley 13.34 (5.4). Ht3. 3. Mallory Cluley 13.46 (4.3). 400H. Ht2. 4. Alex Hill 61.11. Ht3. 3. Sophie Elliss 60.31. LJ. 4. Jahisha Thomas 6.44, 6. Funminiye Olajide* 6.28. SP. 3. Divine Oladipo 17.20. DT. 8. Zara Obamakinwa 48.91. JT. 1. Bekah Walton 51.87, 7. Lauren Farley 46.46, 8. Hollie Arnold 39.58.

25/6/22

Kent Young Athletes League. Under 15 Boys. 100. A. 1. Alexander Morrell 12.3. B. 2. Harrison Vallins 12.4. N/S. 1. Theodore Osobu 13.3. 300. A. 6. Tane Chambers 43.1. B. 3. Connor Wray 43.0. 1500. A. 2. Joseph Hill 4.43.0. B. 2. Benjamin O'Grady 5.21.5. N/S. 3. Samuel Barlow 5.39.3. 80H. A. 6. Benjamin O'Grady 15.9. B. -. HJ. A. 7. Samuel Barlow 1.25. B. -. LJ. A. 5. Harrison Vallins 4.37. B. -. SP. A. 4. Charlie Platt 8.66. B. 2. George Henderson 8.64. DT. A. 3. George Henderson 26.14, B. 2. Alexander Morrell 19.82. JT. 1. Charlie Platt 39.51. B. 1. George Henderson 27.76. 4x100. 1. B&B (Theodore Osobu, Alexander Morrell, Charlie Platt, Harrison Vallins) 48.7. 4x300. 1. B&B (Alexander Morrell, Tane Chambers, Connor Wray, Harrison Vallins) 2.51.0. **Match.** 1. Cambridge Harriers 146, 2. Dartford Harriers 132.5, 3. B&B 132, 4. Central Park Athletics 112, 5. Tonbridge 111.5, 6. Bexley 110.5, 7. Medway & Maidstone 71, 8. Thanet 23. **Under 15 Girls.** 100. A. 1. Chizam Boniface 12.8. B. 6. Lottie Palmer 14.8. N/S. 1. Faith Sogoye 13.8. 300. A. 4. Lydia Witcombe 46.5. B. 2. Abigail Williams 47.3. 1500. A. 2. Isabel Pauling 5.04.1. B. 2. Eva Chambers 5.34.9. N/S. 2. Leah Kyriacou 5.27.9. 75H. A. 7. Beth Regan 15.2. B. 4.

Lottie Palmer 15.5. HJ. A. 5. Abigail Williams 1.25. B. N/M. Elsie Heath Pampin. LJ. A. 2. Sybil Wirrom Jorrie 4.56. B. 3. Chizam Boniface 4.11. N/S. 2. Faith Sogoye 3.18. SP. A. 6. 6. Lydia Witcombe 6.67. B. -. DT. A. 1. Erin Simpson 25.98. B. 3. Beth Regan 11.85. JT. A. 7. Beth Regan 9.44. B. 5. Lottie Palmer 7.17. 4x100. 3. B&B (Faith Sogoye, Sybil Wirron Jorrie, Lottie Palmer, Chizam Boniface) 52.8. 4x300. 1. B&B (Erin Simpson, Eva Chambers, Matilda Shilland, Lydia Witcombe) 3.05.8. **Match.** 1. Medway & Maidstone 138, 2. Tonbridge 136.5, 3. B&B 122.5, 4. Bexley 116.5, 5. Thanet 107, 6. Cambridge Harriers 106.5, 7. Central Park Athletics 58, 8. Dartford Harriers 52.5. **Under 13 Boys.** 100. A. 2. Jamie Ellerton 13.9. B. 1. Nicholas Marquez 13.6. N/S. 3. Harrison Luck 16.5. 200. 3=. Thomas Vallins 29.4. 2. Troy Ogedengbe 28.0. 1500. A. 5. Luca Vignol 5.28.1. B. 3. Benjamin Evans 5.29.3. N/S. 2. James Bunn 5.35.1. 75H. A. 2. Jamie Ellerton 12.4. B. 2. Sebastian North 15.7. N/S. 1. Matthew Tootall 16.9. HJ. A. 4. Sebastian North 1.30. B. 3. Oscar Sadowski 1.25. N/S. 1. Oliver Wright 1.15. LJ. A. 4. Sebastian North 3.89. B. 3. Oscar Sadowski 3.77. N/S. 1. Jamie Ellerton 4.11. SP. A. 5. Rory Witcombe 6.38. B. -. DT. A. 2. Rory Witcombe 17.21. B. -. JT. A. 4. Rory Witcombe 19.74. B. 3. Oscar Sadowski 13.64. N/S. 2. Matthew Tootall 13.48. 4x100. 1. B&B (Nicholas Marquay, Jamie Ellerton, Thomas Vallins, Troy Ogedengbe) 54.2. **Match.** 1. Tonbridge 158.5, 2. B&B 125, 3. Dartford Harriers 117.5, 4. Medway & Maidstone 100, 5. Bexley 94, 6. Cambridge Harriers 92, 7. Thanet 62.5, 8. Central Park Athletics 60.5. **Under 13 Girls.** 75. A. 8. Alessia Scala 11.8. B. 2. Isobel Roe 11.5. N/S. 2. Mariana Caceres 11.1. 150. A. 6. Sophie Trans 22.6. B. 4. Abigail Ikuesan 24.1. 1200. A. 4. Amelie Ramdeen 4.31.9. B. 2. Anana Jenner Heard 4.30.8. N/S. 2. Alba Homans – Yau 4.22.7. 70H. A. 1. Heidi Coulson 12.5. B. 1. Rowan Pearson 15.1. N/S. 1. Freya Pearson 16.4. HJ. A. 2. Heidi Coulson 1.30. B. 3. Isobel Roe 1.10. LJ. A. 5. Heidi Coulson 3.83. 1. Alessia Scala 3.57. N/S. 2. Abigail Ikuesan 3.38. SP. A. 1. Emelia Adese 10.51. B. 2. Freya Pearson 4.88. DT. A. 3. Rowan Pearson 11.82. B. -. JT. A. 5. Rowan Pearson 12.40. B. 3. Freya Pearson 9.32. 4x100. 1. B&B (Kara Bryan, Emelia Adese, Heidi Coulson, Isabella Campbell Andou) 55.5. **Match.** 1. Tonbridge 138, 2. B&B 132.5, 3. Cambridge Harriers 112, 4. Dartford Harriers 103, 5. Bexley 91.5, 6. Central Park Athletics 76, 7. Thanet 65, 8. Medway & Maidstone 32.5. **Overall.** 1. Tonbridge 564.5, 2. B&B 537, 3. Cambridge Harriers 476.5, 4. Bexley 437.5, 5. Dartford Harriers 430.5, 6. Medway & Maidstone 366.5, 7. Central Park Athletics 326.5, 8. Thanet 282.5.

Eastern AA Championships, Cambridge. U17W. 100. 2. Jodie Self* 12.71 (2.6). 80H. 1. Jodie Self* 11.86 (0.2).

Inter Club Challenge, Hendon. 400. R2. 2. James Lawson (U17M) 50.47.

Parkruns. Bromley. 1. Micah Evans 17.15, 14. Megan Barlow 19.05, 28. Tuan Tran 20.12, 33. Steve Evenden 20.32, 37. Katy Sugden 20.43, 39. David Adams 20.53, 51. Damian Hayes 21.22, 107. Mark Wallace 23.32, 194. Ian Montgomery 25.57, 250. Bernard Wilson 28.17. **Eastbourne.** 16. Jessica Keene 20.44, 124. Mick Keene 27.07. **Nonsuch.** 526. David Appleton 32.20, 532. Anthony Pontifex 32.46. **South Norwood.** 2. Clayton Aves 18.52, 3. Paul Sharpe 19.21. **Orpington.** 1. Graeme Lugar 18.37, 54. Dave Leal 26.08. **Southwark.** 42. David Beadle 20.53. **Lullingstone.** 2. Gregory Firth 20.24, 5. Carys Firth 21.10 (1st woman). **Dartford Heath.** 31. John Isaacs 29.00. **Thurrock, Orsett Heath.** 29. Zoe Kingmsell 27.00, 40. Andrew Kingmsell 28.32. **Rushmere.** 1. Robert Perry 18.01. **Exmouth.** 100. Bob Minting 25.37. **Marlborough Common.** 6. Cristina Gilodi-Johnson 20.49. **Uckfield.** 31. Adrian Perry 25.06. **Bethlem Royal Hospital.** 35. James Unwin 26.07. Sutcliffe. 13. Rod Harrington 20.46. **Swanley.** 16. Austin Adams 24.13. **Ancholme Valley Way.** 26. Jackie Montgomery 27.09. **Mote Park.** 170. Tom Phillips 38.04

25-26/6/22

ESAA South East Regional Combined Events Championships, Crawley. Intermediate Boys. Octathlon. 16. Nathan Firla 3704 (400 – 51.78, 1500 – 4.49.27, 100H – 17.09, HJ – 1.54, LJ – 5.00, SP – 9.33, DT – 19.57, JT – 33.63). **Intermediate Girls.** 2. Sienna Kidd 4537 (200 – 26.01, 800 – 2.40.76, 80H – 11.83, HJ – 1.47, LJ -5.75, SP – 9.95, JT – 29.47), 3. Daisy Snell 4499 (200 -25.76, 800 – 2.31.38, 80H – 12.05, HJ – 1.50, LJ – 5.48, SP – 10.10, JT – 23.91), 10. Tallulah Ndikanwu 3992 (200 – 28.38, 800 – 2.27.06, 80H – 13.52, HJ – 1.50, LJ – 4.65, SP – 10.41, JT – 26.07). **Junior Boys.** Pentathlon. 4. Joshua Dako 2253 (800 – 2.33.31, 80H – 12.81, HJ – 1.62, LJ – 5.31, SP – 8.98). **Junior Girls.** Pentathlon. 1. Qi-Chi Ukpai 3058 (800 -2.42.84, 75H – 12.39, HJ – 1.69, LJ – 4.86, SP – 9.89), 7. Alyssa Firla 2650 (800 – 2.30.34, 75H – 12.24, HJ – 1.36, LJ – 4.10, SP – 9.52).

26/6/22

UK Youth Development League, Premier South, Woking. Under 20 Men. 100. A. Zac Nwogwugwu 10.63 (3.2). B. 2. Clayton Jacinto 11.25 (3.3). N/S. 1. Adam Islam Medeaux 11.23. 200. A. 2. Zac Nwogwugwu 22.01 (3.2). B. 4. Bailey Marks Belaon 23.85 (0.1). 400. 3. Michael Uzozie 51.92. B. 2. Bailey Marks Belaon 54.70. 800. A. 1. Thomas Sugden 2.02.03. B. 2. Callum Horton 2.21.59. 1500. A. 2. George Shaw 4.27.53. B. 2. Callum Horton 4.49.67. 3000. A. -. B. -. 110H. A. 2. Regan Lawrence 14.50 (2.1). B. -. 400H. A. 2. George Shaw 64.85. 2000 s/ch. A. -. B. -. HJ. A. -. LJ. A. 5. Joshua Healey 3.86. TJ. A. -. PV. A. 2=. Ben Platt 3.80. SP. A. 2. Dillon Claydon 15.85. B. 1. Brydon Duncan 12.06. DT. A. 2. Dillon Claydon 50.75. B. 1. Brydon Duncan 42.97. JT. A. 3. Ben Platt 42.93. HT. A. 2. Brydon Duncan 33.77. 4x100. 1. B&B (Samuel Mowa, Clayton Jacinto, Adam Islam

Medeaux, Zac Nwogwugwu) 42.95. 4X400. 1. B&B (Bailey Marks Belaon, George Shaw, Thomas Sugden, Michael Uzozie) 3.34.46. **Under 20 Women.** 100. A. 1. Tianna Haynes 12.10 (5.2). B. 2. Emily Kerr 12.68 (4.4). 200. A. 1. Tianna Haynes 25.43 (3.1). B. 2. Zakia Mossi 26.77 (1.2). 400. A. 1. Zakia Mossi 59.84. B. Cameron Kelly Gordon 58.95. 800. A. 1. Lara Mannes 2.22.41. B. 1. Lily Meers 2.26.05. 1500. A. 2. Hannah Clark 4.52.20. B. -. 3000. A. 2. Isabella Louth 13.08.80. B. -. 100H. A. 4. Kelsey Pullin 17.64. B. -. 400H. A. 3. Kelsey Pullin 70.76. B. -. 1500 s/ch. A. 1. Ailbhe Barnes 5.13.60. B. 1. Hannah Clark 5.36.81. HJ. A. -. LJ. N/M. Claudia Baker. TJ. A. 2. Molly Savage 10.63. PV. A. -. SP. A. 1. Cleo Agyepong 15.16. B. 1. Rianna Rennie 11.68. DT. A. 2. Cleo Agyepong 34.53. B. 1. Gypsy Nash 32.49. JT. A. 1. Peanut Meekings 36.89. B. 1. Rianna Rennie 33.08. HT. A. 2. Gypsy Nash 43.85. 4X100. 1. B&B (Molly Savage, Tianna Haynes, Achieng Onoko, Emily Kerr) 49.09. 4x400. 1. B&B (Kelsey Pullin, Lily Meers, Cameron Kelly Gordon, Zakia Mossi) 4.04.12. **Under 17 Men.** 100. A. 3. Joseph Cope 11.29 (5.6). B. 2. Issah Abdulkarim 11.10 (5.9). 200. A. 2. Samuel Mowa 22.50 (5.3). B. 2. Marley Byfield 23.24 (3.7). 400. A. 2. Christopher Barrett 55.31. B. 5. Harry Fage 59.15. 800. A. 2. Arthur Starvis 2.05.13. B. 1. James Barnes 2.14.36. 1500. Lewis Brook 4.29.87. B. 2. Mark Constable 4.31.97. 3000. A. 1. James Barnes 9.51.56. B. -. 100H. A. 2. Rayhan Mourtada 13.48 (4.7). B. -. 400H. A. 2. Harry Fage 67.04. B. -. 1500 s/ch. A. 2. Lewis Brook 5.25.57. B. -. HJ. A. -. LJ. A. 2. Ralph Baker 5.68. B. 2. Issah Abdulkarim 5.03. TJ. A. 4. Marley Byfield 11.21. B. 2. Ralph Baker 11.09. PV. A. 2. Oscar Witcombe 3.95. B. 1. Finn Kitteridge 3.05. SP. A. -. DT. A. -. JT. A. 1. Felix McArdle Hodge 57.21. HT. A. -. 4X100. 3. B&B (Rayhan Mourtada, Marley Byfield, Oscar Witcombe, Joseph Cope) 45.11. 4x400. 2. B&B (Christopher Barrett, Marley Byfield, Harry Fage, Samuel Mowa) 3.38.84. **Under 17 Women** 100. A. 1. Nina Whitter 12.53 (3.6). B. 1. Indiana Marshall 12.19 (4.4). 200. A. 2. Nina Whitter 26.08 (6.0). B. 2. Zara Okoroafor 26.71 (2.5). 300. A. 4. Julia Newman 44.33. B. 2. Emily Deveney 47.09. 800. A. 2. Gabriella Martin 2.23.05. B. 2. Emily Deveney 2.33.98. 1500. A. 2. Megan Slattery 5.27.91. B. -. 3000. A. 2. Olivia Magee Brown 11.50.30. B. -. 80H. A. 1. Jodie Self 11.60 (3.7). B. 4. Islay Pearson 16.80 (3.4). 300H. A. 3. Emily Algeo 49.78. B. -. 1500 s/ch. A. 1. Amber Cockburn 5.38.15. B. 1. Carys Firth 5.42.74. HJ.A. 2. Elena Duncombe 1.45. B. 2. Islay Pearson 1.30. LJ. A. 3. Emily Algeo 4.75. B. N/M. Indiana Marshall. TJ. A. 2. Emily Algeo 10.14. B. 1. Emily Hayden de Carbonnieres 9.23. PV. A. -. SP. A. 3. Islay Pearson 7.93. DT. A. -. JT. A. 2. Amber Cockburn 23.06. HT. A. -. 4X100. 1. B&B (Jodie Self, Indiana Marshall, Nina Whitter, Zara Okoroafor) 48.56. 4X300. -. **Match.** 1. B&B 669, 2. WSEH 547, 3. Reading 462, 4. Shaftesbury Barnet 410, 5. Camberley & Woking 307, 6. Basildon Beagles 296. **Overall.** 1. B&B 18, 2. WSEH 15, 3. Reading 12, 4. Shaftesbury Barnet 4, 5. Basildon Beagles 5, 6. Camberley & Woking 4. **Non Scoring.** 100. Zara Okoroafor (U17W) 12.61 (4.3), Adam Islam Medeaux (U20) 11.23 (3.3), Ralph Baker (U17M) 11.64 (6.2). 200. Rayhan Mourtada (U17M) 23.43 (2.8), Adam Islam Medeaux (U20M) 22.90 (3.9), Clayton Jacinto (U20M) 22.97 (3.9), Emily Hayden De Carbonnieres (U17W) 28.60 (2.5), Christopher Barrett (U17M) 23.73 (2.8). 300. Molly Shaw (U17W) 49.37.

Hollybank Eccup 10. 1. Graham Rush 52.23.

28/6/22

Kettering Town Evening Open. 100. R8. 1. Jak Mensah 11.00 (3.2).

Trafford Grand Prix. 3000. Mx2. 4. Jennifer Walsh* 9.14.23.

29/6/22

Kent 3000 and 10,000 Championships, Dartford. 3000. 3. Morgan Squibb (U20W) 10.22.62, 4. Hannah Clark (U20W) 10.28.95, 9. Carys Firth (U17W) 10.54.82, 16. Peter Hamilton (M70) 14.20.90. 10,000. 6. Roger Beswick (M60) 36.35.33, 7. Gregory Firth 36.50.02.

Dartford Open Meeting. 300. 1. Lucas Elmqvist (U15B) 42.89, 3. Lydia Witcombe (U15G) 45.58. 400. R1. 2. Drew Burridge 54.28. R2. 1. Hendri Verster (U15B) 56.29, 3. Ian Firla (M50) 59.61. 400. 1. Emily Deveney (U17W) 64.85, 2. Matilda Shilling (U15G) 64.98. SP. 3kg. 3. Rory Witcombe (U13B) 6.85. HT. 4kg. 1. Abbie Stewart (U23W) 44.75. HT. 3kg. 3. Rory Witcombe (U13B) 16.89.

Watford Open. 1500. R10. 1. Rob Donohue 4.10.52.

Johnson Bowl 4 Miles Walk. 3. Jonathan Ellerton (U17M) 37.49, 6. Roger Michell (M70) 40.26, 8. Matthew Ellerton (M45) 42.46, 9. David Hoben (M65) 47.33, 11. Peter Hannell (M75) 50.34. **2 Miles (retired)** Nolan Simmons (M75) 28.34. **One Mile Development Race.** 1. Trejan Checheku – Boamah (U13B) 10.03, 2. Francesca Newman (U13G) 10.45.

Parris Handicap, West Wickham. 1. Matt Bullen 27.50 (19.35), 2. Matthew Maddocks 28.03 (19.48), 3. Sheridan Morris 29.46 (20.16), 4. Johnny Cleary 30.07 (17.52), 5. Zoe Kingsmill 30.20 (24.05), 6. Fay Scott 30.27 (23.12), 7. Dave Leal 30.49 (23.34), 8. William Allen 30.55 (18.40), 9. Steve Pairman 31.23 (19.53), 10. Luigi Arccuri 31.36 (22.06), 11. Iain Swatton 31.48 (23.03), 12. George Collins 31.55 (23.25).

30/6/22

Stockholm BAUHAUS Galan Wanda Diamond League. 200. 1. Dina Asher Smith 22.37 (0.1).

Boysen Memorial – World Athletics Continental Tour Bronze. JT. 1. Bekah Walton 55.81.

125 years ago in June 1897.

Blackheath Harriers A team are beaten 4 – 0 at water polo by Old Askean Swimming Club.

100 years ago in June 1922

It's the Summer run at West Wickham and "those attending were rewarded by splendid Summer conditions...Our host had thoughtfully provided a tempting cold spread in the Club room... H. A Butler turned up in a wonderful Club blazar, and a still more wonderful Panama hat"

At the Private Banks Sports and Second Evening Meeting at Catford Bridge A.T.G. Trumble "finished up the evening by leading his lady partner to an easy victory in the 80 yards Cigarette Race"

75 years ago in June 1947.

At the evening meeting at Ladywell Park "an interesting innovation was the introduction of Junior High Jump and Long Jump Championship events.... As the meeting finished rather late, few were able to seek the hospitality of the Private Banks Club, Catford for refreshments (The beer, sandwiches and sausages went down well!)"

An Achilles injury prevents Sydney Wooderson racing at the Tamworth & District Athletics and Cycling Club meeting. However, he still attends and starts the two mile race.

Likewise he is at the Torquay AC meeting where there is a crowd of 4,000 in attendance and he is kept busy signing autographs. He is also at events at Kidderminster and Rotherham.

The Gazette reports the reappearance of the Sandhurst match, a fixture against the Royal Military Academy. The scribe refers to it as "the most noteworthy feature of the Summer fixture list" and this was not just because of the Athletics. The match is preceded by lunch... "Transport had been laid on and BH were soon whisked from Camberley Station to the spacious grounds of the College and thence straight into the magnificent dining room. Your reporter, secure in the knowledge of having no active part to play in the afternoon's proceedings was able to take the "fullest" advantage of the goodly spread.... Our men then made their way through the grounds to one of the best cinder tracks in the country, kept in excellent condition". The match was a close affair. Alan Brent won two mile race. Sydney Wooderson was there as President but not able to compete because of injury. It all went down to the relay..." it soon became evident that there was only one team in it and that, alack, was not Blackheath Harriers.... At the conclusion of the Athletics we were entertained to a splendid tea, after which we made our way to the Academy Cinema to see the German film of the 1936 Olympics in Berlin... As if we had not received enough attention by this time, we were cajoled into taking supper – another grand meal – before being allowed to proceed on our way." So much for austerity Britain.

50 years ago in June 1972

Blackheath Harriers finish in second place in the Maxol Marathon in Manchester, which incorporates the trial race for Olympic selection. Bob Richardson is 16th in 2.17.51, Chris Haines 39th in 2.24.00 and Chris Woodcock 58th in 2.27.38. The Gazette reports the trio "gambling their success on the "carbohydrate bleed-out" technique now practiced by many leading runners". Competing for the Club in the National League the day before is not, however, considered gambling. Haines runs 9.39.2 for the steeplechase in the Division Four match at Nottingham while Woodcock contents himself with a 4.13.1 in the 1500. Their efforts were in vain, however, as the Club finished last in the six team match, 68 points behind fifth placed Hercules Wimbledon. There were no A string places higher than fourth and just two B string runners up places, one of which was Haines in the chase. Remarkably the following Wednesday Haines wins the 300 metre handicap at the Club Evening Meeting at Ladywell. It is not known what he found to do on the Monday and Tuesday.

Absent from the events up North, John Baldwin sets a new Club Senior 3000 steeplechase record of 9.04.2 while representing the Southern Counties against PE Colleges and the Universities Athletics Union. The record will survive for 17 years. It was reduced to the current record of 8.31.22 by Dave Lee in June 1992. (fast forward to the 2022 Southern Under 20 championships and the winner of the 3000 steeplechase is one Oscar Lee, son of Dave).

At the Southern Championships Graham Gower wins the 110 Hurdles in 14.3, and John Watts the discus with 55.38. John Baldwin's 9.05.0 is only good enough for 8th place in the 3000 steeplechase while Chris Haines is third in the standards race in 9.27.4.

25 years ago in June 1997

In the Gold Cup First Round match at Basildon, Blackheath win 17 of the 20 events.

Great Britain take on France and Germany in an Under 23 match at Hexham as preparation for the inaugural European Under 23 Championships in Turku, Finland. Julian Golding wins the 100 in 10.56 with the first four all under 10.60.

The second Club championships at Norman Park sees Chris Moss win the 800 in 1.50.5 with Mike Skinner second in 1.54.6.

The Daniel family are out in force for the 200 handicap with Chris 2nd, Ken 4th, Mark 5th and Richard 6th.

Blackheath win their third and fourth fixtures in the Kent Vets League.

At the British Veterans Championships at Blackpool, Jim Day wins the M60 pole vault and is second in the 100 hurdles. In the same age group, Colin Brand wins gold silver and bronze in the discus, shot and javelin.

Wayne Gray finishes third in the high jump in the World Schools Championships in Cherbourg.

In a close fought match at Thurrock, Blackheath beat Bromley Ladies in the Girls Young Athletes League.

The Blackheath boys young athletes team remain unbeaten for nine years.

Liz Hughes and Duayne Bovell, two former young athletes who have been setting Club Records in the Masters age groups this Summer.

